



Ames, IA 1626

APR 2026

522 DOUGLAS AVE
AMES, IA 50010
515.232.6314

AMESELKS@GMAIL.COM
AMESELKS.CLUB

ER MESSAGE ELKS NEWS LODGE1626 EVENTS LODGE1626 CALENDAR LODGE1626 ALL IN. LODGE1626 THANK YOUs

EAL 1626
OFFICERS
2026/2027

EXALTED RULER
David P. DELAGARDELLE

LEADING KNIGHT
Jon NEEDS

LOYAL KNIGHT
Julie CARROLL

LECTURING KNIGHT
Nathan M. MOORE

ESQUIRE
James HOFFMAN

TILER
Clare WILSON

TREASURER
Karla KELLY

CHAPLAIN
Lisa RYAN

TRUSTEES
Alex BURGHER
Gerald CABLE
Rick SWANK

SECRETARY
NEWSLETTER
James K RYAN

FACEBOOK ADMIN
Mary EVANSON
Linda WELLS

AMESELKS.CLUB
Ronald SCHAPPAUGH

COMMUNITY FRIENDSHIP CHARITY SHARING CARING

HOWDY, Friends,

It's going to be a party. ELKS CARE. ELKS SHARE. , turns into a rebel yell.

I am SO excited to be elected Lodge1626 2026/27 ER. Thank you, all, for your confidence. Ironically, my first tour as ER, was 2001, twenty-five (25) years ago.

As a lodge, we have experienced twenty-five (25) years of triumphs and hardships, never being more optimistic of years to come.

Thank you ER Mr. Jerry Cable and officers for setting up what will be an awesome year together.

Our initial agenda is simple. Aligning with Grand Lodge is key. Therefore, MEMBERSHIP. Along with membership, I propose INVOLVEMENT. If we can involve just 10% of more of the membership in the Elks Experience, we will engage twenty (20) more "friends of our community". Trippy, right?

To remind you your membership committee is alive and well, we are working on incentive member reward programs for membership recruitment. How's discounts on membership dues for every membership candidate sound? Cool?



DAVID DELAGARDELLE, ER, PER

Dave Delagardelle, ER



Join the
ELKS!
AMES 1626





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The HAPPY Page COMMUNITY FRIENDSHIP CHARITY SHARING CARING

HEALTH

How to Practice the Dutch Wellness Ritual of "Dusking"



Sunsets make for dramatic views, but there's a subtler way to enjoy the evening sky that's currently gaining traction: **dusking**. A form of mindfulness available to everyone, the ritual involves simply spending time outside to observe the dusk, or the descent of darkness at twilight.

Once a nightly norm in Dutch culture, the tradition embraces the natural pause between day and night and offers a brief respite from technology and the hustle and bustle of everyday life. To make the most of it, Dutch author Marjolijn van Heemstra, who organizes dusking events in the U.K., advises incorporating a meditation element into your practice. **"Dusking is about looking at one point and seeing it fade,"** she told The Guardian.

"Don't look around too much; focus. Trees are very good — they rise up for a moment and then fade away."

Prioritizing darkness, even for a short period of time, may also help combat the potential health effects of light pollution, which include suppressing melatonin and interrupting circadian rhythms, the outlet points out.

And van Heemstra emphasized that dusking is no fancy wellness trend. "You don't have to go into a dark forest," she said. "All you need is a chair and a view. It's cheap, easy, and a nice thought exercise — **we live on a planet, miracles are happening every day and we can witness them.**" PEACE.

ENTRANCE CARD READER

THE ENTRANCE CARD READER WILL BE UPDATED 01MAY2026.
The current entrance card (GREEN) and next year's card (ORANGE) will open the door until 01MAY. Thank you.

4% CREDIT CARD SURCHARGE VOTE

In keeping with current retail charge practices, Lodge1626 BoD's are proposing adding a **4% surcharge** to all credit card purchases. Also, please note; the \$15.00 minimum charge remains in place.

Lodge1626 Bi-laws require a membership vote on the surcharge proposal before installment. Voting will occur during the 1st April lodge meeting, **TUE 14APRIL 6:00p.** Upon approval, surcharges will be added **01MAY2026.**

2026/2027 GRANTS OPEN 01APRIL

THANK YOU FOR A VERY SUCCESSFUL 2025/2026 GRANT SEASON

THANK YOU, JON NEEDS, for your dedication as GRANT COORDINATOR

Persuant to the current ER message, your involvement in the grant process is welcome. Please contact Jon NEEDS with questions



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Ames, IA 1626 APR 2026

the lil' **JIMMY/JAMES** gang presents

SUSHI WEDNESDAYS*
*except for BURGER NIGHT
6:00-7:00p

Ames, IA 1626 APR 2026

LOVE ME TENDERLOIN.

Tenderloin, Fries, Onion Rings, Condiments
LOVE ME SWEET
THU09APR
6:00-7:00p

CELEBRATION

Julie GOTTLIB	01
Bobbi NORDYKE	02
Jerry GIEBELSTEIN	05
Brian THOMPSON	10
James HUTCHINSON	11
Brian WEHNER	11
Paul FITZGERALD	13
Bob BASCHKE	14
Bobby MYERS	15
Allen KOCKLER	18
Greg ARTZ	22
"Wild" Bill FEDELER	25
Larry WOLTERS	25
Mark RIEDEMANN	26
Marcia CHURCH	27
Brad STEHR	27
Steve RISIUS	30

Join the ELKS! AMES 1626

LIKE THE DOO-DAH MAN
Hot Dogs, Chips, & Condiments
THU02/16APR
6:00-7:00p

Join the ELKS! AMES 1626

Ames, IA 1626 APR 2026

BINGO!

SPECIAL HOT DOG CHIPS & DRINK \$7.00

\$1.00 CARD/ROUND

THU23APR
6:00-8:00p

Ames, IA 1626 APR 2026

BURGER JOY

Burgers, Specials, Fries, Onion Rings, Condiments
WED29APR
6:00-7:00p

AMES ELKS BIRTHDAY BUS
1626

ELKS AMES LODGE 1626

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Join the
ELKS!
AMES 1626

HAPPY EASTER. HAPPY SPRING. PEACE & GRACE

APR 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 JULIE GOTTLIEB	2 BOBBI NORDYKE	3	4
			6-7p BYO SUSHI	6-8p DOGGS	6-10p DISNEY TRIVIA (PRIVATE)	
5 JERRY GIEBELSTEIN	6	7	8	9  6-7p TENDERLOINS	10  BRIAN THOMPSON	11  BRIAN WEHNER JAMES HUTCHINSON
12 	13 PAUL FITZGERALD	14 BOB BASCHKE	15 BOBBY MYERS	16	17	18 ALLEN KOCKLER
		6-7p LODGE MEET	6-7p BYO SUSHI	6-8p DOGGS		
19	20	21	22 GREG ARTZ	23	24	25 BILL FEDELER LARRY WOLTERS
		6-7p BoD MEETING	6-7p BYO SUSHI	6-8p BINGO DOGGS	IA ELKS STATE CONV	IA ELKS STATE CONV
26 9a DD CLINIC MARK RIEDEMANN	27 MARCIA CHURCH BRAD STEHR	28	29	30 STEVE RISIUS		
		6-7p LODGE MEET	6-7p BURGERS			



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WELCOME, NEAL STAGGS & PETER TIGHE

Join the
ELKS!
AMES 1626
DON'T WORRY BE HAPPY



DAVE DELAGARDELLE, ER ELK of the YEAR



OFFICERS 2026/27 INSTALLATION



INSTALLATION MENU



ERIC SYLTE, AMERICANISM ESSAY WINNER
GILBERT, 6th GRADE



PER DINNER 2026



LODGE LEPRECHAUNS



THANK YOU from SLEEP IN
HEAVENLY PEACE



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HOT DOGGIN'



LIKE THE DOO-DAH MAN
Hot Dogs, Chips, & Condiments

THU 05 MAR
6:00-7:00p

THANKS
THANKS
THANKS
THANKS
THANKS

Ames, IA 1626



Tenderloin, Pies, Onion Rings, Condiments

LOVE ME SWEET

THU 12 MAR
6:00-7:00p

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the lil' **JIMMY/JAMES** gang



SUSHI WEDNESDAYS*
*except for BURGER NIGHT
6:00-7:00p

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CROCK POT SHARE



FRIDAY WE'LL SHARE CROCK POTS, SHARE STORIES, AND SHARE NEEDS.
WE'LL PUT THE COMMUNITY IN COMMUNITY AND SO GATHER IN GATHERING.
AND ESSENTIALLY IMPORTANT: "DON'T FORGET MY FRIENDS!"

FRI 20 MAR
6:00-7:00p

THANKS
THANKS
THANKS
THANKS

Ames, IA 1626

BURGER JOY



WED 25 MAR
6:00-7:00p